

**DELHI PUBLIC SCHOOL, SUSHANT LOK  
PRE NUR, NUR, PREP  
'NUTRITION ON PLATE'  
FOR 1<sup>st</sup> December to 24<sup>th</sup> December'19**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>2</b></p> <p align="center"><b>BANANA OATS COOKIES CHOLE WHEAT KULCHA</b></p>	<p align="center"><b>3</b></p> <p align="center"><b>ORANGE WHOLE WHEAT COOKIES RICE RAJMA</b></p>	<p align="center"><b>4</b></p> <p align="center"><b>PINEAPPLE MULTIGRAIN COOKIES CHAPATI ALOO GOBHI GAJAR HALWA</b></p>	<p align="center"><b>5</b></p> <p align="center"><b>CORN SALAD MILK BIKIS MATAR PANEER &amp;RICE</b></p>	<p align="center"><b>3</b></p> <p align="center"><b>BANANA OREO CHAPATI,ALOO MATAR CUSTARD</b></p>
<p align="center"><b>9</b></p> <p align="center"><b>BANANA OATS COOKIES RICE, BLACK CHANE, ATTA HALWA</b></p>	<p align="center"><b>10</b></p> <p align="center"><b>ORANGE WHOLE WHEAT COOKIES IDLI &amp; SAMBHAR</b></p>	<p align="center"><b>11</b></p> <p align="center"><b>BANANA MULTI GRAIN COOKIES CHAPATI,MIXED VEGETABLE RAITA</b></p>	<p align="center"><b>12</b></p> <p align="center"><b>CORN SALAD MILK BIKIS FRIED RICE,SWEET N SOUR VEGETABLE</b></p>	<p align="center"><b>13</b></p> <p align="center"><b>APPLE OREO CHAPATI,PALAK PANEER BESAN BARFI</b></p>
<p align="center"><b>16</b></p> <p align="center"><b>BANANA OAT COOKIES POORI ,ALOO SABJI KHEER</b></p>	<p align="center"><b>17</b></p> <p align="center"><b>ORANGE WHOLE WHEAT COOKIES RAJMA ,RICE</b></p>	<p align="center"><b>18</b></p> <p align="center"><b>PINEAPPLE MULTIGRAIN COOKIES CHAPATI,SHAHI PANEER</b></p>	<p align="center"><b>19</b></p> <p align="center"><b>CORN SALAD DAL MAKHANI,RICE</b></p>	<p align="center"><b>20</b></p> <p align="center"><b>BANANA OREO PAV BHAJI,MUNCH</b></p>
<p align="center"><b>23</b></p> <p align="center"><b>ORANGE OAT COOKIES CHAPATI CHANA DAL LAUKI</b></p>	<p align="center"><b>24</b></p> <p align="center"><b>BANANA MUFFINS VEGETABLE BIRYANI &amp; RAITA (CHRISTMAS SPECIAL)</b></p>			